

A message from the Chairman



**Richard
Margetts**

This Annual Report shows that Saltash Foodbank has had another very busy year. I want to start by saying a big Thank You to all our Trustees and Volunteers, for their dedication and hard work. We are also deeply grateful to everyone in our community who has supported us with food or donations. Without your help, we could not continue to support the many people who need us.

We are a Trussell Trust foodbank, focused on providing emergency food to people in crisis. But we know that food alone does not solve the deeper challenges our clients face. That is why we also offer practical help when we can, whether that is with household essentials, help with energy costs, or a phone and SIM to stay connected.

An important part of our work is guiding people to other organisations who can offer longer-term support. This starts with information included in food parcels and continues through follow-up calls from our virtual signposting team. In some cases, clients are referred to our Citizens Advice adviser, who works with us one day a week through a joint project with Callington Foodbank. We also work closely with nearby foodbanks, local schools and groups like the Community Kitchen, to make sure food donations go where they are most needed.

This year, we have seen more people placed in short-term accommodation such as the Travelodge or the Cardinals Hatt/Croft site. These lack proper cooking facilities and are far from support services. We have raised our concerns with local councillors. We understand that the issue stems from a wider shortage of affordable housing. While the County Council is aware of the problem and is taking some steps, meaningful change may take time. In the meantime, we are adapting what we offer to better meet these needs.

None of this would be possible without our fantastic team of volunteers: collecting, packing and delivering food, wrapping presents, answering emails and calls, offering signposting support, managing accounts and IT, and much more. So, a heartfelt thank-you to each and every one of you.

Richard

Foodbank Centre Report - Rika Chanter

What We Do at Saltash Foodbank

Saltash Foodbank provides emergency food and practical support to individuals and families in the PL12 area, who are struggling to afford the essentials. As part of the Trussell Trust network, we also contribute to national efforts, campaigning for long-term solutions to poverty and food insecurity.

Our Local Impact This Year

We distributed 654 emergency food parcels to people in Saltash and the surrounding area, in the past year. This was only possible because of the generosity of local residents, churches, schools, businesses, and community groups.

In 2024–25 these 654 emergency food

parcels supported 900 adults and 394 children, feeding a total of 1,294 people.

In 2023–24 we received vouchers for 539 households, comprising 795 adults and 540 children, with a total of 1,335 people fed.

In 2022–23 we received vouchers for 614 households, comprising 926 adults and 685 children, feeding a total of 1,611 people (during the start of the period of high energy costs).

50 dedicated volunteers helped to collect, weigh, pack, and distribute the food. They also offered a warm welcome, emotional support and information on where to find further help.

We received referrals from 102 different local organisations and agencies, many of which have multiple staff who can refer clients. This highlights the wide range of community partners working together to support local people in crisis. Our signposting volunteers contacted clients after they received a food parcel to connect them with services such as benefits advice, housing support and debt counselling. The data we gather on local food insecurity contributes to the broader Trussell Trust campaign to advocate for systemic change. We have seen a significant increase in single men - and some single women - in temporary accommodation requiring food support. This is linked to lodges at the Cardinals Hatt (The Croft) being used to house people after issues had arisen at previous placements. We have also seen rising demand from residents of the Travelodge, Notter Bridge Chalets, and a small number of individuals who are street homeless. The number of those stating they are insecurely housed has risen from 49 in 2023–24 to 185 this year, a 377% increase in people without a fixed address.



Rika Chanter at the 'Guarantee our Essentials' event

How the Foodbank Works

Saltash Foodbank operates through a referral system, ensuring people are connected to additional sources of help. Local organisations - such as Citizens Advice Cornwall, health services, schools, housing associations and social services - issue Foodbank vouchers through the Trussell Trust e-referral system. If someone is not already in contact with a referral agency, we encourage them to call us directly at 0800 328 2124 or use the Help Through Hardship freephone line at 0808 208 2138 run by Citizens Advice nationwide. Our data show we received referrals from over 102 agencies this year, with the main referrers being Help Through Hardship, followed by We Are With You, Cornwall Council, and Cornwall Housing.

We are open:

- Mondays and Wednesdays: 2:00 – 4:00
- Fridays: 11:00 – 1:00

Food parcels can be collected during these times. We also offer limited deliveries within the PL12 area in exceptional circumstances (e.g. mobility issues, illness, or lack of transport). Due to space constraints and our proximity to a pay-and-display car park, we are unable to provide a waiting area. We aim to minimise client costs, so we contact them in advance to ask about dietary needs, toiletries, pet food, and other specific requirements, allowing us to prepare parcels ahead of time.



Rika Chanter receiving a most generous donation from the staff at 'The Railway' pub

Supporting People Beyond Food

We don't just offer food—we offer hope and pathways to stability. Thanks to our signposting process, we can refer clients to:

- Universal Credit assistance
- Disability benefits support
- Local mental health and wellbeing services
- Debt and budgeting advice

Our goal is not only to meet immediate needs but also to reduce long-term reliance on foodbanks in Saltash. We have contacted our local MP as part of the Trussell Trust's "Guaranteeing Our Essentials" campaign, as well as raising concerns with Cornwall Council councillors, particularly regarding issues affecting people in temporary accommodation.

Foodbank Use

On average, individuals in Saltash are referred 1.8 times per year, which shows that for most people, the Foodbank acts as a short-term lifeline. However, in some cases - such as delays in benefit payments or individuals living in temporary accommodation with no cooking facilities - three parcels are not enough. We take a case-by-case approach and work closely with referral partners to ensure each person's needs are fully considered. Although most of Saltash Foodbank's clients are from the Saltash area and its three wards - Essa, Tamar, and Trematon - we have also seen people from across the wider PL12 postcode, as well as individuals from Plymouth and further into Cornwall, request support.

From the data collected by our partner agencies, of the adults we help:

- 82% on benefits
- 5.5% no income at all
- 11% households where someone is working, who may / may not be claiming benefits

The most common reasons people come to Saltash Foodbank include:

- Increased cost of essentials (mentioned 246 times)
- Insecure housing (185 times)
- Ongoing impact of physical or mental health conditions (156 times)
- Priority debts (100 times)

Many vouchers cite more than one reason for needing support.

Ensuring Nutritional Balance

We use carefully formulated Trussell Trust packing lists to ensure each food parcel meets basic nutritional guidelines for a three-day period. We ask clients about dietary needs and adjust parcels based on need and availability. Our guidance is regularly reviewed in consultation with professional nutritionists. We have had to make special adjustments for those in temporary accommodation, as they may only have access to a kettle for cooking. This limits the types of food we can supply, but using a 'kettle packing list' we can still provide nutritionally balanced parcels. We also supplement these with bread and fruit, kindly donated by supermarkets at the end of the day, helping to stretch parcels further and add extra nutrients. Fresh vegetables from Hay Farm and Cornwall Gleaning and fruit from Tamar Fresh have also increased the variety and quantity of produce we can offer. However, it is sometimes disheartening when clients decline these items, explaining that they do not know how to cook fresh vegetables in their raw form.

Thanks

Saltash Foodbank wishes to thank the local community for its continued support, including local businesses, groups, churches, and schools. A special mention goes to our amazing, non-judgemental volunteers who greet every client with a smile, as well as those who work behind the scenes and treat each day as an opportunity to help someone in need. Your dedication to the Charity is truly admirable.

Just had the delivery, absolutely overwhelmed with the generosity, to have flowers too just made me feel happy so I thank you all so much.

Virtual Signposting Report

Jackie O'Melia

The Virtual Signposting project reached its third anniversary in June and in that time the Signposting volunteers have contacted over 400 new clients following receipt of their food parcel. 130 of those calls have been made in the last year (up to June 2025) as well as numerous follow up calls with existing clients. The Signposting Team have provided clients with information on many avenues of support as well as direct referrals to Kremena from Citizens Advice who can provide clients with one-to-one support on the issues that are specific to their individual situations. Very big thanks to the signposting team, Elizabeth, Jan, Katharine & Sara, for all of their hard work this year and thank you to Charles, Corina, Jill, Rika and Richard for their continued support with the project.



Foodbank warehouse volunteer Jane and Firefighter team leader Lee at foodbank



Margaret Evans accepting a community donation

Supermarket Collections Report

Julie Tuffnell

I took over the Collections organisation last year and we have had several successful supermarket collections so far this year. I have booked a collection every month either at Co-op in Saltash or Waitrose to allow volunteers to save the date for our Collections. Local community baskets continue to bring in donations which are collected and delivered to the warehouse, where volunteers weigh and store the donations.

Omg ... I'm crying Thankyou so so much. I was feeling sad today as I have to go to use the food bank which we have never had to do in our lives and we shouldn't have too but you've made me cry (with relief tears). As you can imagine it's been a very stressful month and still ongoing.... I really can't thank this charity enough. When I'm able to I will put back to the food bank. Thanks.

Agency Report - Sara Walker

Saltash Foodbank has 100 local and some national Agencies on its referrer list. This includes statutory, voluntary and charitable organisations who have day-to-day contact with people in need of food. The various teams within these Agencies are now able to make e-referrals of people in need of a food parcel, which they are able to collect from our base in Saltash. Over the last 12 months there have been 654 referrals from 102 teams within these Agencies. 'Help Through Hardship' has been the most frequent referrer with 104 referrals. Although many Agencies have made fewer than 10 referrals we believe it is important that they have the ability to do so, thereby achieving our aim to reach as many people as possible, in need of a food parcel. In the last year a small



One of our many generous food donors

number of Agencies have withdrawn from the list, stating that their staff no longer have the time to make referrals. They have, however, agreed to advertise the Help Through Hardship number in their public areas. With the current pressures on people's purses, many clients return several times. Although the expectation is that a client will have no more than 3 parcels in 6 months we try to be as flexible and generous as our stock allows.

Volunteering Report - Kathryn Caves

Over the past 12 months the demand for support from the Foodbank in our community has not diminished and we endeavour to meet an increasing variety of needs. As ever, we rely upon a large and very capable band of volunteers who are generous with their time and flexible enough to meet the variety of demands placed upon them. Inevitably, over the past year we have lost some volunteers due to other commitments, ill health or changes in circumstance. However, we have been fortunate to recruit six new helpers who are invaluable 'cogs' in the wheel which keeps our organisation running.

In an average week, volunteers carry out collections from supermarkets, the weighing in and dating of food, packing food away in the warehouse and replenishing shelves, basic cleaning tasks at Belle Vue Road, pre-packing food parcels ready for drop-in sessions, manning drop in sessions and delivering food parcels to those who cannot collect in person. They make 'follow-up' calls to clients who may need additional support. In addition to this, numerous administrative tasks are undertaken by Trustees and our Manager.

Some volunteers work on a weekly basis at the Foodbank, but equally important are those whom we can call on to cover absences caused by holidays or illness. We are indebted to you all. The time you give makes a real difference to those in need within our community.



A generous donation from Ashtree Community Charity

Warehouse report - Rika Chanter

Thanks to our lovely warehouse volunteers we have managed to sort through nearly 30 tonnes of stock that came into the Foodbank this year. Our main donations come via our collection points at Co-op, Lidl, Waitrose and Food Warehouse, with food also coming from Pascoe's Pantry. In addition, we have received donations from special events such as church and school 'Harvest Festivals' as well as Christmas. Many community groups, businesses and individuals have provided vital support. We have stopped collecting from Tesco Transit Way, Plymouth, which is now a collection point for Plymouth Foodbank.

Keeping the items in our warehouse flowing takes 4 teams of volunteers on 4 separate days, spending 1 to 2 hours per day, sorting, labelling and placing items in the correct area of the warehouse. The warehouse consists of the drop-off area, where we have a large table with several large tubs for donations that come in. Items are weighed-in and recorded in our warehouse logbook, then date-marked with a permanent marker pen, so the expiry date (best-before date) is clear to all volunteers. The item is then placed either on the picking shelves of a date that needs to be used soon, warehouse shelves for longer-dated items or to the discretionary area (if the item is an unusual item we do not normally have in our food parcel, or the item has some damage to the outer packaging, e.g. an open cereal packet). If the item is out-of-date or severely damaged, we place it in one of 2 different bins: one for up to 12 months past best-before date and one with even longer past best-before dates. These 2 bins are for the CEPL12 Community Larder and Fridge (for the up to 12 months past best-before date), or as waste if older.

Unfortunately, due to the 'Cost of Living Crisis' many of our regular donors have had to reduce what they give to us. Some have had to stop donating completely. Our figures for the past few years show a consistently reduced amount donated at our supermarket collection points. To compensate for reduced donations, we are now regularly buying in stock to fill the gaps on our shelves. This has been possible because of the generous grants we have received. As we are doing more non-standard food parcels (i.e. for homeless people, and kettle packs for those in temporary accommodation) we have needed to buy in more stock, which is generally more expensive. Some of the reduction is also due to fewer collection points. Some organisations give us free stock, which has been a blessing. Cornwall Gleaning provides seasonal vegetables direct from the farms, received weekly in the harvest season, Earthbreeze give laundry sheets with one pack being enough for 40 washes. This is great for families. Beauty Bank send us an assortment of toiletry items that are direct from manufacturers, that they can no longer sell. Furthermore, fresh root vegetables are donated weekly from Tremain Carew Pole, Hay Farm and Antony Estate. A volunteer collects this weekly on Mondays to ensure a fresh supply each week, mainly of potatoes, onion, swede and carrots. This has been well received and great for a stew! Tamar Fresh has recently started donating apples.



Once again, Saltash Rock Choir has supported Saltash Foodbank

Donors to the Foodbank can find out what we need in various ways. They can check the list at our collection points, check our website, look on our Facebook page, or use the BanktheFood app. This sends the list of items we need direct to people's phones on entering a participating store. This list is linked to our website which is updated on a regular basis. Unfortunately, the list is long, but we are happy to have just one of the items on the list as each 'tin' matters. We do at times have surplus stock, especially baked beans, cereal and tins of soup and we try to ensure the shelves stay at a manageable level by distributing these to local school Breakfast Clubs, Shekinah, Warm Spaces initiatives and other charities that are approved by our Trustees. Our Warehouse coordinator Ruth, distributes these items to contacts at local schools.

In addition to community donations, we also receive store donations. We collect from Lidl, Waitrose and The Co-op Depot in Plympton. These are items the store can no longer sell, either because the outer packaging is damaged, for example if a multipack has an item missing or is damaged, items that are no longer being sold (such as Christmas themed items in January) or if the item will be past its best-before date on the day of collection (such as fruit, vegetables and bread). If there is no sign of spoilage on the fresh items, we can pass them on. Bread that is sliced, we date with the day it is placed in the Foodbank freezer, and we distribute it during the week. Early in 2025 the Foodbank Trustees decided to end collecting the end of day items from Waitrose in Saltash and we have allowed the Community Fridge and Larder to collect it instead. We only used to keep about 10% of what was donated with the remainder being passed on to the Community Fridge and Larder anyway! This has reduced the workload of our volunteers processing these donations. Other surplus items that we always get a lot of (such as cans of drinks and bottled water) are passed on to groups such as The Core, Shekinah and Wesley Church.

Good evening. I have a got great news today. Council agreed to refund the payments. We received the heater yesterday. Thanks for your support. You are incredible.

Community groups, businesses, families and individuals continue to support us with our request for items for our Christmas Hampers. In these hampers we include seasonal treats such as sweets and Christmas puddings, but also ham, pickle, sauces, savoury snacks, biscuits (both sweet and savoury) and as extras, some of our surplus food items, such as pasta, cereal, tinned soup and baked beans. Groups that have supported us with our Christmas Hampers include: Saltash Rock Choir, Pentillie Castle, Royal Mail Distribution Centre, Nichols and Sainsbury Solicitors, Motion Personal Training Company, Knit and Natter group at the Library, Jade Allen and her family (5th year of supporting us), Saltash Citizens Advice, and Saltash Age Concern. New organisations that donated to us include Schneider Electric UK, HMS Raleigh, our new MP, Helping Hands, St Germans Thursday Club, and several families. It is great that we continue to have such wonderful community support to allow us to provide these hampers. During December we distributed 146 Christmas Hampers (136 in 2023) to households in the PL12 area. In total 204 adults and 225 children had something extra for Christmas. These households were referred to us for a Christmas Hamper by the Agencies we work with, such as social workers, schools, Citizens Advice and many other Agencies. Many also helped with the deliveries, for which we are very grateful. Our sincere thanks go to the many volunteers who have supported the Foodbank during the year, and our especial thanks go to our Volunteer Coordinator, Kathryn.

Secretary's Report - Corina Clement

The Trustees have continued to hold regular monthly meetings on Zoom over the year, with reports from the Treasurer, and regarding the Warehouse, Drop-In Centre, Collections, Agencies and Projects. Our AGM was held in SSNF Church Rooms and was well attended by Trustees and volunteers. After the formal business there was an opportunity to socialise. Another opportunity where volunteers could get to know each other was a lunch in January.

The Virtual Signposting initiative is proving very beneficial and the Trustees are very grateful to Jackie O'Melia and all the volunteers making the calls. The arrangement for referring clients to an adviser at Citizens Advice continues successfully.

The Trustees through the Chair have expressed their concerns to the local MP and County Councillors regarding unsuitable temporary housing in Saltash and continue to monitor the situation.

We are particularly grateful to those organisations and businesses that have supported Saltash Foodbank: Barratt Homes, Saltash Rock Choir, Waitrose, Lidl, Co-op and Tesco Transit Way (although the arrangement with Tesco finished during the year), the smaller local shops which host collection baskets, and the local schools, the Core, Community



Richard Margetts receiving a really generous donation from Jo Towns of The Barratt Foundation

Enterprises PL12, and the Community Fridge and Larder. We are also very grateful to the Antony Estate for providing weekly donations of fresh vegetables.

The Hot Meal Voucher scheme has continued to enable homeless Saltash Foodbank clients to have a hot meal from Cod Fathers and the Poolside Cafe.

Projects Report – Charles Worth Communication and Information Access

Ensuring our clients and volunteers have access to clear, accurate and timely information continues to be a key part of our work. This year we created a new “Help in Saltash” webpage, helping clients to find the most appropriate local support. Over the winter months we also provided online ‘Warm Spaces’ information. Clear signage remains essential, and we updated our posters and signs for donation points, drop-in sessions and special projects such as Harvest and Christmas. Cards with QR codes were distributed to places where homeless clients are temporarily accommodated – such as Cardinals Hatt and the Travelodge – to help them access help more easily. We try to show our appreciation of the hard work of contributors to the Foodbank through ‘Thank You’ letters and Certificates, detailing the donations provided by schools, churches, businesses and other organisations.

Thank you everyone for your support and so big help. ❤️❤️❤️
You are people with a big heart.
🙏 Thank you from the bottom of our hearts. ❤️❤️❤️🥰

Infrastructure and Equipment

To support both volunteers and clients, we made several equipment investments this year. We:

- Purchased two laptops, mice and phones
- Installed a new printer at Belle Vue Road
- Refreshed the Treasurer's computer and upgraded the Warehouse's broadband, phone and laptop setup, with the kind support of Paul Melling at CFD Architects
- Created a new Google Site with a custom domain for potential future expansion
- Refreshed anti-virus protection across all volunteer computers
- Carried out hardware setup and troubleshooting across the team

All of these activities would only be possible with the kindness, hard work and generous-hearted collaboration of the volunteer group. They are a wonderful Team!

Finance Report - Jill Morton

This year has seen our Foodbank spending more money than we received in the year. The net overspend was £2,511. This overspend has seen our restricted funds reduce by £10,066 to £1,692. Our unrestricted funds increased by £7,555, due to the generosity of our regular donors and the other one-off donations received.

With the help of food donations, money donations and the grants that we have received, we have been able to help clients, not only with emergency food, but also with their energy costs, phone top-ups and other items when in crisis, including those clients that are homeless or in temporary accommodation.

In the year we have financially helped:

21 Energy/Phone Top Ups - Total: £529

57 Crisis Payments - Total: £3,001

Being a member of Fuelbank we are able to help our clients who are on pre-payment meters. We are very fortunate not to have to fund this service as Fuelbank receives grants to cover these costs. However, this may not be the case going forward with more clients being in fuel poverty. Fuelbank have topped up 29 of our clients at a cost of £1,340. We are very grateful to Fuelbank for their support and look forward to working with them in the future.



Staff and children from Brunel School donate their Harvest collection

This year we have purchased items such as tents, sleeping bags, slow cookers, throws, thermal underwear and thermal socks etc. to help clients in crisis.

We are very lucky that food donations continue to come in regularly to the Foodbank and we would like to thank the people of Saltash and the surrounding area for being so very generous. However, the demand for our services is ever increasing and this year we have had to spend £6,403 on food and hygiene products. We would not be able to do this without the generosity of the cash donations that we receive.

Jill has done the fuel bank referral I needed from Rika so thank u! That's all I needed. It gives me £30 till Friday which means I can now be ok and cope. I love u all for all ur help I am not sure where I'd be without the help from u or Jill u know. Ur a god send to this community 🙏❤️❤️❤️❤️ And I cannot reply to Jill's text pls tell her I'm so grateful ❤️

Donations were received from our very generous regular donors, Ashtree Charity, Tamar Trotters, NEU Cornwall, in Memory of Colin Breed, Looe Golf Club Vets, Saltash Rotary Club, Barratt Charitable Giving, Pentillie Christmas Carols in the Courtyard, Wesley Church, Botus Club, Saltash Mayors Fund, and many donations from individuals. We are very grateful for all donations, regardless of size, that help us to continue our work to help relieve poverty in Saltash and the surrounding area. This year we received one grant from Neighbourly of £230.

The Trustees have agreed that our reserve fund should enable the Foodbank to operate for a 12 month period. The reserve fund has been calculated at £31k. This reserve fund gives us the comfort of knowing that we are able to carry on our extremely valuable work, even in these challenging times.

The Trustees would like to thank Stephen Richards for examining our books and records and for his Report thereon.

The Income and Expenditure Account for the year ended 31 March 2025, the Balance Sheet as at 30 March 2025 and the notes to the accounts are set out below.

CHARITY COMMISSION FOR ENGLAND AND WALES Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees/members of: Saltash Foodbank

On accounts for the year ended: 31st March 2025 Charity no (if any): 1157577

Set out on pages: 1-4

Responsibilities and basis of report
As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

Independent examiner's statement
I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed: SRLS Date: 14/25

Name: STEPHEN RICHARDS

Relevant professional qualification(s) or body (if any): —

Address: 3 PRINCE HILL, PLYMPTON, PLYMOUTH, DEVON PL1 1WR

In the year donations were received from:	
Name	Amount
Regular monthly donors	£6,041
CAF	£2,119
Other donations	£9,256
Total	£17,418

I'd just like to thank you all. Today whilst I was napping a lady knocked on our door and passed a Christmas hamper to my son who is ill. This was so lovely and touched us deeply. My son gets poorly a lot and this year I've had to take over 120 days off work (I'm a self employed single parent) so money has been so tight. The foodbanks food donations have really got us through a tough time.

Appendix - Statistics

Top 19 Agencies	
Referral Agency	Total
Help through Hardship	104
We Are With You (formerly Addaction) Now 'With You'	55
Cornwall Council	45
Cornwall Housing	41
Plymouth City Council	38
Citizen's Advice - Liskeard	24
Saltash Wesley Methodist Church	24
Saltash Foodbank	22
Her Majesty's Prison and Probation Service	22
Rehousing Accommodation Team Cornwall Council	14
Cornwall Council Assessments and Crisis and Care Team	14
Plymouth Citizens Advice	12
Cornwall Housing - Rough sleeper team	12
CAP	11
Seetec Pluss	11
Age UK Cornwall - Social prescriber	11
Together for Families Services East Cornwall	10
Refugee and Asylum Seeker Outreach and Support Team	9
Health Visiting and School Nursing Advice Line	7

Reasons for referral	Vouchers	Adults	Children	Total
Change in work hours	13 (2.15%)	18 (2.15%)	15 (3.97%)	33 (2.72%)
Unemployment following permanent work	22 (3.63%)	29 (3.47%)	15 (3.97%)	44 (3.62%)
Unemployment following temporary work	7 (1.16%)	9 (1.08%)	2 (0.53%)	11 (0.91%)
Delay in or awaiting other income	35 (5.78%)	58 (6.94%)	33 (8.73%)	91 (7.5%)
Benefit delay	51 (8.42%)	74 (8.85%)	43 (11.38%)	117 (9.64%)
Benefit deduction due to overpayment or benefit advance	10 (1.65%)	13 (1.56%)	6 (1.59%)	19 (1.57%)
Benefit reduction due to change in eligibility	11 (1.82%)	19 (2.27%)	10 (2.65%)	29 (2.39%)
Benefit reduction due to sanction	18 (2.97%)	22 (2.63%)	9 (2.38%)	31 (2.55%)
Awaiting first benefit payment for less than a month	11 (1.82%)	15 (1.79%)	6 (1.59%)	21 (1.73%)
Awaiting first benefit payment for more than a month	2 (0.33%)	2 (0.24%)	1 (0.26%)	3 (0.25%)
Priority debt	100 (16.5%)	145 (17.34%)	100 (26.46%)	245 (20.18%)
Non-priority debt	50 (8.25%)	76 (9.09%)	39 (10.32%)	115 (9.47%)
Cost of dependents has increased	36 (5.94%)	58 (6.94%)	82 (21.69%)	140 (11.53%)
Rising costs of essentials	246 (40.59%)	349 (41.75%)	175 (46.3%)	524 (43.16%)
Other unexpected expense	81 (13.37%)	126 (15.07%)	72 (19.05%)	198 (16.31%)
Insecurely housed	185 (30.53%)	211 (25.24%)	29 (7.67%)	240 (19.77%)
Loss of support from friends or family	13 (2.15%)	13 (1.56%)	1 (0.26%)	14 (1.15%)
Change in relationship status	13 (2.15%)	17 (2.03%)	12 (3.17%)	29 (2.39%)
Domestic abuse	26 (4.29%)	31 (3.71%)	18 (4.76%)	49 (4.04%)
Change in dependents	10 (1.65%)	15 (1.79%)	17 (4.5%)	32 (2.64%)
New physical or mental health condition	16 (2.64%)	23 (2.75%)	9 (2.38%)	32 (2.64%)
Ongoing impact of physical or mental health condition	156 (25.74%)	211 (25.24%)	66 (17.46%)	277 (22.82%)
None applicable	8 (1.32%)	12 (1.44%)	3 (0.79%)	15 (1.24%)
Change in existing physical or mental health condition	1 (0.17%)	1 (0.12%)	0	1 (0.08%)
	606	836	378	1214

Household structure questions asked, with responses	Vouchers fulfilled	People fed
Single adult household (with or without dependents)		
Single adult with no children	357	357
Single adult with 1 or 2 children (0 - 16 years old)	70	159
Single adult with 3 or more children (0 - 16 years old)	22	92
Sub-total	449	608
One couple household (with or without dependents)		
One couple household with no children (0 - 16 years old)	28	56
One couple household with 1 or 2 children (0 - 16 years old)	42	149
One couple household with 3 or more children (0 - 16 years old)	24	126
Sub-total	94	331
Couple and additional adult(s)		
Couple and additional adult(s) with no children (0 - 16 years old)	5	22
Couple and additional adult(s) with 1 or 2 children (0 - 16 years old)	5	24
Sub-total	10	46
Multi-adult household		
Multi-adult household with no children	41	90
Multi-adult household with 1 or 2 children (0 - 16 years old)	19	72
Multi-adult household with 3 or more children (0 - 16 years old)	12	71
Sub-total	72	233
Totals	625	1218

Income source of referrals				
Income	Vouchers	Adults	Children	Total
Earning, no benefits	14 (2.34%)	22 (2.68%)	3 (0.82%)	25 (2.11%)
Earning and benefits	45 (7.51%)	67 (8.17%)	61 (16.71%)	128 (10.8%)
Benefits, not earning	499 (83.31%)	673 (82.07%)	277 (75.89%)	950 (80.17%)
Income but no or insufficient access to it	10 (1.67%)	13 (1.59%)	9 (2.47%)	22 (1.86%)
No income	31 (5.18%)	45 (5.49%)	15 (4.11%)	60 (5.06%)
Totals	599 (100%)	820 (100%)	365 (100%)	1185 (100%)

Vouchers by Ward				
Ward	Vouchers fulfilled	Adults	Children	Total
Bere Ferrers	1	2	1	3
Budshead	1	1	0	1
Callington & St Dominic	1	2	3	5
Calstock	1	2	0	2
Ham	5	8	4	12
Honicknowle	39	60	30	90
Liskeard South & Dobwalls	2	2	0	2
Lynher	13	24	11	35
NFA	97	111	11	122
Rame Peninsula & St Germans	8	9	1	10
Saltash Essa	163	248	183	431
Saltash Tamar	140	190	78	268
Saltash Trematon & Landrake	133	165	30	195
St Budeaux	45	70	39	109
St Cleer & Menheniot	1	1	0	1
Torpoint	1	1	0	1
Truro Moresk & Trehaverne	1	1	0	1
Unknown	2	3	3	6

Stock In					
Donor	Donor type	Total	Customer Donations	Store Donation	One off collection
Ackroyd Family	Individual(s)	21.20			
Age Concern club	Community group	21.50			
Antony Estate - fresh root veg	Corporate	5565.00			
Baptist Church	Church	56.06			
Beauty Bank - mixed toiletries donation	Charity	20.00			
Bishop Cornish	Education	66.05			
Blunts Methodist Church	Church	21.80			
Brunel School	Education	141.95			
Burraton Chapel	Church	23.00			
Burraton School	Education	111.00			
Cadbury	Corporate	42.65			
Citizens Advice	Community group	3.60			
Co-op	Supermarket	1153.92	846.57	0.00	307.35
Co-op Depot	Supermarket	2404.65		2404.65	
Community	Individual(s)	688.05			
Community Hub	Community group	3.05			
Cornwall Gleaning	Community group	101.60			
Earth Breeze	Corporate	18.00			
Family of Bill Rossiter	Individual(s)	28.90			
Food Warehouse	Supermarket	139.05	139.05		
Foodbank volunteer	Individual(s)	89.00			
Gleaning Cornwall - Fresh vegetables	Bulk food distributor	131.15			
Helping Hands		68.75			
HMS Raleigh		13.00			
Jade Allen	Individual(s)	17.95			
Knit and natter group	Community group	24.00			
Landulph Church	Church	32.40			
Landulph School	Education	56.11			
Lidl supermarket	Supermarket	6550.37	3327.89	3222.48	0.00
Motion PT Company	Corporate	53.30			
MP's Office	Corporate	5.90			
Nicholls and Sainsbury Solicitors	Individual(s)	17.15			
Our Lady Catholic Church Saltash	Church	132.95			
Pascoe's Pantry	Corporate	1.10	1.10		
Pentillie Castle	Corporate	12.00			
Post Office Distribution Office	Corporate	23.35			
Rock Choir	Community group	155.40			
Saltash Community School	Education	165.50			
Saltash Wesley	Church	295.45			
Saville	Individual(s)	19.40			
Schneider Electric UK	Corporate	192.05			
Sir Thomas Moore Church, Southway	Church	17.35			
Spar Mote Park	Supermarket	16.70	16.70		
Spar St Stephens	Supermarket	8.60	8.60		
St Dominic's School	Education	39.20			
St Germans Methodist Church	Church	28.90			
St Germans Thursday Club	Charity	23.90			
St Mellion School	Education	23.45			
St Nick's and St Faith's Church	Church	37.40			
St Stephens Church	Church	123.35			
St Stephens School	Education	65.25			
Tamar Fresh	Corporate	8.15		8.15	
Unknown	Individual(s)	152.20			
Waitrose Saltash	Supermarket	8943.95	4423.95	4332.80	187.20
Totals of Donations		28175.71			
In addition items were purchased from:					
Applejack Barn	Shop	39.10			
B&M	Shop	86.75			
Co-op	Shop	21.30			
InKInd	Online Shop	111.15			
Lidl	Shop	952.70			
Waitrose	Shop	52.90			
Not specified	Shop	419.30			

Stock Out	
Stock out type	Weight
"Help yourself" items	15556.88
146 Christmas hampers (for 204 Adults and 225 Children)	701.15
Distributed from 'Saltash Foodbank' to 'Liskeard & Looe Foodbank'	98.85
Distributed to Bishop Cornish School	52.05
Distributed to Brunel Primary School	196.60
Distributed to Burraton School	58.60
Distributed to CEPL12 Community Kitchen & Fridge	513.79
Distributed to Fountain Head House School	77.85
Distributed to Landrake Monday Gang	72.10
Distributed to Landulph Primary School	25.45
Distributed to Perranporth Age Concern	27.00
Distributed to Saltash Comprehensive School	345.85
Distributed to Saltash Wesley including Warm Spaces	107.85
Distributed to Shekinah Mission	223.00
Distributed to St Stephen's School	251.56
Distributed to Ukraine supporting charities	32.95
Distributed to Wesley Warm Spaces	68.15
Emergency food boxes	491.95
For disposal (Out Of Date/damaged)	194.80
Supplied to 'Saltash Foodbank ' as food parcels	10613.11
Total	29661.80

Saltash Foodbank Trustees

Richard Margetts – Chair of Trustees

Sara Walker – Agencies

Rika Chanter – Manager

Rev Di Burrows – Link with Saltash Churches

Jill Morton – Treasurer

Charles Worth – Projects

Jackie O'Melia – Virtual Signposting

Elizabeth Pearson

Corina Clement – Secretary

Katherine Willis

Kathryn Caves – Volunteers

Darren Chapple

Saltash Foodbank - Registered Charity Number: 1157577

Registered in England and Wales

End of report - Saltash Foodbank